

Prayer

A close-up photograph of a person's hands clasped together in a prayer position. The hands are positioned in the lower center of the frame, with fingers interlaced. A strong, diagonal beam of light from the upper left corner illuminates the hands and the text, creating a dramatic contrast with the deep shadows of the background. The background is dark and textured, possibly showing the grain of wood or fabric. The overall mood is solemn and contemplative.

4. Daily Prayer

Daniel 6:10 "Now when Daniel knew that the writing was signed, he went into his house; and his windows being open in his chamber toward Jerusalem, he kneeled upon his knees three times a day, and prayed, and gave thanks before his God, as he did aforetime."

Meaning: It is important to have specific times every day to talk to the Lord. Growing spiritually is a day by day renewal done through prayer and Bible reading. Christians who do not pray on schedule, usually do not pray. It is important to find or make a time that is uninterrupted during which you can daily talk with God. Daniel kneeled before God three times a day. His prayer time was so routine that unbelievers gathered at certain times because they knew they would find him praying (Daniel 6:11).

Application: It is interesting that we schedule work, meals, recreation, appointments, and vacation, yet we do not schedule a time to have a daily audience with the Almighty God. David said in Psalm 55:17, "Evening, and morning, and at noon, will I pray, and cry aloud: and he shall hear my voice." David placed a special emphasis on the morning time to talk with God (Psalm 5:3). How much better a Christian's day would go, if he would begin it with God!

Other Verses for Study: Psalm 61:8; 72:15; 86:3; 88:9; Proverbs 8:34; Luke 11:3; II Corinthians 4:16

1. Which Christians usually do not pray?

2. At what three times did David pray?

3. What part of the day did David emphasize to spend with God?

"There are some forms of spiritual life which are not absolutely essential, but prayer is the very essence of spirituality."